

Illinois



HEALTHYFAMILIESAMERICA.ORG

Healthy Families America® Evidence-Based Home Visiting

Healthy Families America® (HFA) is the nationally recognized, evidence-based home visiting program of Prevent Child Abuse America®. HFA focuses on building nurturing, safe and secure relationships between parent and child that are essential for all children –and parents– to lead a healthy and productive life. Voluntary home visiting helps new and expectant parents develop the skills and confidence to raise healthy children and increases family well-being by preventing adversity and building resilience during a child’s most critical years of development.

Research demonstrates positive results and sustained impact for HFA families:



Reduced recurrence of maltreatment by **1/3**



48% fewer low-birthweight infants



5x more likely to enroll in school or training programs

↑ Improved maternal and child health

↑ Increased child development and school readiness

↑ Increased family economic self-sufficiency

↓ Reduced family violence

By investing in evidence-based home visiting programs, like Healthy Families America®, we strengthen Illinois families, create thriving communities, and save taxpayer dollars.

Snapshot of Illinois HFA Data from 2021

2,870
families

43,554
home visits

41
sites

HFA families in Illinois face varying amounts of stress and challenge:

76% of families have a caregiver who is eligible for Medicaid

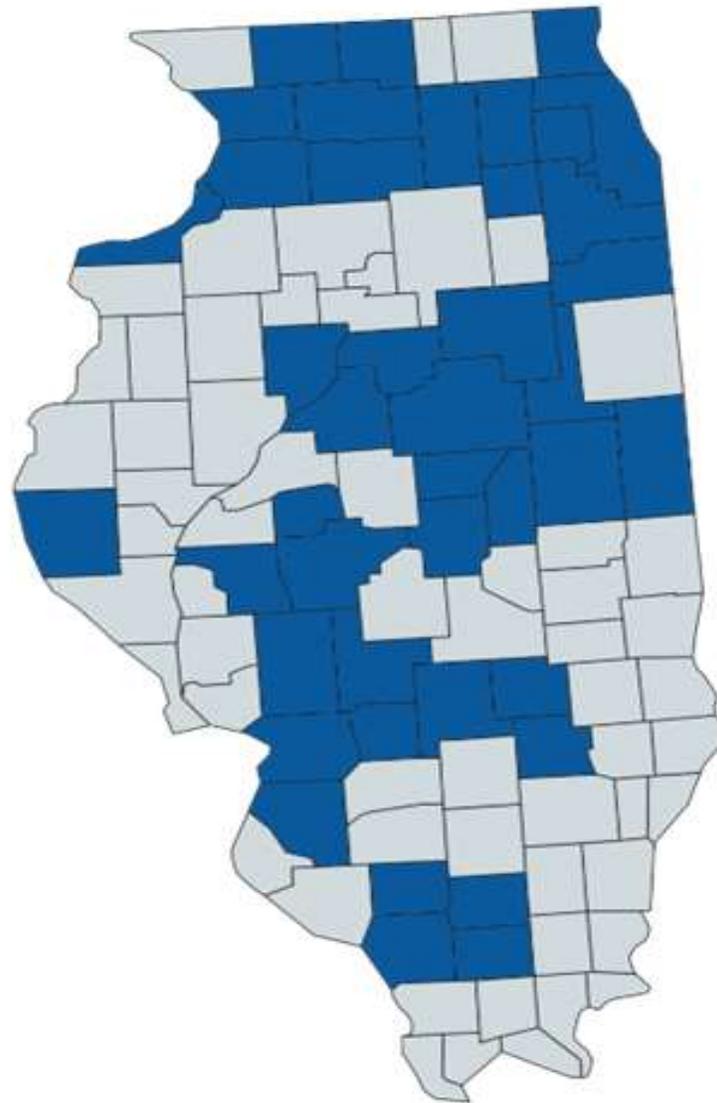
40% of families have a caregiver who is age 21 or younger

27% of families have a caregiver with less than a high school diploma/GED

63% of families are headed by a single parent

This snapshot reflects HFA sites that reported at least 1 family received a home visit during the 2021 reporting year. Sites report data based on their programmatic fiscal year.

2021 Illinois County Service Areas



 HFA Service Areas

"I didn't know how to raise a kid. I needed help. I didn't know where to go. I'm an only child myself, so raising a boy, I had no clue... [Healthy Families America] changed my life to the nth degree—to the point that I wanted to finish school just for him, to have a better life for him, to show him that you can overcome anything."

Raecine, Healthy Families America Parent

Find out more about HFA's Evidence of Effectiveness at:

<https://www.healthyfamiliesamerica.org/our-impact/evidence-of-effectiveness/>

For more information about Healthy Families America, contact policyteam@preventchildabuse.org