

27th Annual Prevent Child Abuse Illinois Statewide *Virtual* Conference

October 14-15, 2021



Balance after Chaos:
FROM **SURVIVING** TO **THRIVING**

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Prevent Child Abuse
Illinois™

2021 Conference Schedule At A Glance

Thursday, October 14th

9:00 a.m. – 10:30 a.m. Welcome & Plenary Speaker

Eric M. Bailey

*“The Now Normal: Exploring the Learnable Brain
Science of Shared Adversity and Resilience”*

10:30 a.m. – 11:00 a.m. Break

11:00 a.m. – 12:15 p.m. Workshop Series A
3 Breakout Sessions

12:15 p.m. – 1:00 p.m. Break

1:00 p.m. – 2:15 p.m. Workshop Series B
3 Breakout Sessions

2:30 p.m. – 3:45 p.m. Special Event!
Infant & Early Childhood
Mental Health
Panel Discussion

Friday, October 15th

9:00 a.m. – 10:30 a.m. Plenary Speaker

Dr. Kandace Thomas

*“Equity Begins with Me: Expanding Our
Commitment to Infants, Children and Families”*

10:30 a.m. – 11:00 a.m. Break

11:00 a.m. – 12:15 p.m. Workshop Series C
3 Breakout Sessions

12:00 p.m. – 1:00 p.m. Break

1:00 p.m. – 2:30 p.m. Closing Plenary Speaker

Lance Allred

“Principles of Perseverance”

Poster presentations will be held daily in the lounge. Exhibit hall, leader board, and other events will be open throughout the entire conference.

Featured Plenary Sessions

Eric M. Bailey

Motivational Speaker and Author

*The Now Normal: Exploring the
Learnable Brain Science of Shared
Adversity and Resilience*

Thursday, October 14, 9:00 a.m.



Do you remember where you were when the second tower went down? Do you remember how the country held its collective breath? Do you remember what happened the following week? Unprecedented unity sparked by unprecedented shared adversity. As we continue to emerge from this and other once-in-a-lifetime global challenges, this timely session will explore the brain science of resilience and how we can build stronger connections with those around us.



Dr. Kandace Thomas

Executive Director, First 8 Memphis

*Equity Begins with Me: Expanding
Our Commitment to Infants, Children
and Families*

Friday, October 15, 9:00 a.m.

It takes a personal commitment, conscious effort, and intentional resource allocation to implement diversity, inclusion, and equity principles into our spheres of practice. The Diversity-Informed Tenets for Work with Infants, Children, and Families offers shared language, vision, and a call to action framed within the principles and practices of diversity, equity, and inclusion. This session invites participants on a journey toward realizing just and equitable services for young children and families we serve begins with ourselves.

Lance Allred

Motivational Speaker and Author

Principles of Perseverance

Friday, October 15, 1:00 p.m.



This session on leadership, perseverance, and grit will dive deep into Allred's 5 Principles of Perseverance: Accountability, Integrity, Compassion, Discomfort, and A Leader of Your Own Life. Each principle is introduced and applied through powerful anecdotes from Allred's global experience within professional sports and at the corporate level. The takeaway and action points from this presentation are strong and clear and will leave you inspired to take on your own seemingly unattainable goals.

Workshop Schedule

Thursday, October 14, 2021

Session A: 11:00 a.m. - 12:15 p.m.

A-1 “I Feel You: Understanding Empathy and The Phenomenon Known as Empathy Gap”

Eric Bailey *Motivational Speaker and Author*

Why is it so difficult to understand certain people? Why is it so easy to debate with others? In this session, which will build off of Eric’s keynote, we will discuss the brain science of empathy and why we, as empathetic people, are growing farther and farther apart as a society.

A-2 “Human Trafficking; The Risk within Child Welfare”

Cindy Downey, MPA *National Trainer*

This training will provide an understanding of human trafficking. Attendees will be able to identify indicators that someone might be experiencing human trafficking and how to report the situation to the appropriate authority. We will review risk factors as well as high risk populations.

A-3 “Racism as a Toxic Stressor for Families: What Can Home Visitors Do About it?”

Hannah Jones-Lewis, LCSW *Infant and Early Childhood Mental Health Specialist, Start Early*

Brianna Wright, LSW *Program Coordinator, Posen-Robbins School District 143.5*

Information on different types of stress, how racism can be viewed within the lens of toxic stress, as well as some relationship-based strategies for home visitors in supporting families will be considered. Recent research on toxic stress, inequity, racism, and early childhood development will be used to support understanding of concepts. Home visitors will be asked to consider the role their relationships play in supporting children and families experiencing racism and stress.

Session B: 1:00 p.m. - 2:15 p.m.

B-1 “Creating a Trauma-Informed Approach for Intimate Partner Violence (IPV) Victim Services”

Robin Greer-Jogun, M.Ed., QMHP, CDVP, CTP *DCFS Senior Clinical Domestic Violence Specialist*

This workshop will explore the accumulation of trauma in victims of IPV and techniques for addressing it. This workshop will also explore the dynamics of power and control victims have experienced.

B-2 “Supporting Fathers as a Way to Support the Wellbeing of Children”

Lakeesha James *Director, Empowered to Create*

Kyle Miller *Associate Professor of Child Development*

Jay Skibbens *Fatherhood Organizer/Parent Coach*

The McLean County Fatherhood Coalition has conducted research with local fathers to determine how the community can better understand and support father involvement. While fathers are thriving in various ways, there are many barriers that interfere with their desired father-child relationship. This workshop will address how communities and programs can become more inclusive of fathers, build upon their strengths, and respond to their needs in culturally responsive ways.

B-3 “Family First: Illinois’ Family-Centered, Trauma-Informed, Strengths-Based Model of Change for Child and Family Well-Being”

Kevin Gordon *FFPSA Program Manager, DCFS*

Angela Hassell, MSW *Associate Deputy Director of ILO/TLP/Residential Monitoring, DCFS*

Kimberly Mann, Ph.D, LCSW *Deputy Director of Research & Child Well-Being, DCFS*

Kenny Martin-Ocasio *Senior V.P. Community Integration - Health Services, Aunt Martha’s Health & Wellness*

Andrea Durbin *Chief Executive Officer, Illinois Collaboration on Youth*

In this workshop, participants will learn how the Family Prevention Services Act provides an opportunity to transform the delivery of child welfare services and support everyone’s goal of ensuring the safety, permanency, and well-being of children and their families by purposefully integrating the work of the local community as well as the private and public sectors.

Thursday, October 14, 2021

SPECIAL EVENT: 2:30 p.m - 3:45 p.m.

“Infant and Early Childhood Mental Health Consultation: What You Need To Know and How It Works”

A Panel Discussion with Experts in the Field

Please join us for a robust panel discussion and live question and answer session with experts in Infant and Early Childhood Mental Health Consultation (I/ECMHC). During this live session, you will hear from panelists on what I/ECMH Consultation is, learn the “nuts + bolts” of consultation, and how consultation is being included in cross model work. You will hear from consultants and home visiting program staff on how they partner together, the challenges and successes they have had implementing consulting into their programs, and how including I/ECMHC in their program has benefited staff and the families they serve! We will conclude the discussion with a live Q & A portion where you can have your questions answered by the experts. You won't want to miss this opportunity to learn more!

Friday, October 15, 2021

Session C: 11:00 a.m. - 12:15 p.m.

C-1 “Homelessness: How it Impacts Children’s Behavior and Mental Health”

Miss Tia Davis, B.A. *University of Illinois Springfield*

Dr. Youngjin Kang, Ph.D. *University of Illinois Springfield*

This workshop is meant to help people understand how homelessness is a social issue that impacts the entire family unit, especially children. Human service professionals play a key role in helping families understand what mental health services work best for children who are experiencing homelessness and in helping families get connected to the services they need.

C-2 “How to Build Resiliency Factors in Children Across Cultures”

Dr. Jacqueline Salazar *Therapist*

Dr. Abbré McClain *Therapist*

Resiliency is essential to understand and identify in young children, as it serves as a foundation for health, wellness, and success throughout the lifespan. This workshop will support the audience in being able to define resiliency, provide foundational tools for assessing resiliency, how to understand the diversity of resiliency across cultures, and what we can do to help reflect and promote resiliency.

C-3 “Plans for Safe Care: Supporting Infants with Prenatal Substance Abuse Exposure and their Families”

Jill Gresham, MA *Senior Program Manager, National Center on Substance Abuse and Child Welfare*

This presentation will address the role of collaborative partners, including home visiting providers, in supporting pregnant and parenting women with substance use disorders and their families and improving maternal, infant and child outcomes. It will also highlight a new technical assistance resource to support state and community agencies in developing and implementing a family-centered, collaborative approach to serving infants with prenatal substance exposure and their families.

How Will the *Virtual* Conference Work?

Once registered, you will receive a confirmation email with the link to our conference "Landing Page." This "Landing Page" is your portal to the conference. This page will contain important conference information and FAQs. The email address you use to register will serve as your login for the virtual conference on October 14-15. The conference is entirely online, and all you need to explore the virtual event is access to the internet. The virtual conference is accessible on desktop computers, laptops, tablets, and smart phones. You do not need to download any additional software to access the virtual conference.

Who should attend?

Social workers, home visitors, teachers, healthcare providers, administrators, law enforcement, court personnel, mental health professionals, domestic violence specialists, prevention workers, substance abuse counselors, parents, adoptive and foster parents and anyone who works with or cares about children and families.

Fees

The conference registration fee is \$99. Space is limited, so early registration is advised.



DCFS

A limited number of DCFS prepaid PCA Illinois Conference registrations will be available for staff, foster caregivers and adoptive parents. DCFS staff who have supervisory approval to register for the PCA Illinois Conference should follow the instructions on how to register on the DNet. Please note that the DCFS Training Unit will award only DCFS clock hours for this conference.



CEUs

Continuing Education Units (CEUs) for Social Workers, Licensed Clinical Professional Counselors, and Marriage and Family Therapists will be available for conference participants through Northern Illinois University. Early Intervention, domestic violence, and Gateways Registry-Verified Conference credit will also be available for eligible attendees.

All eligible participants will receive a certificate with CEUs awarded for attendance. The number of CEUs awarded will be based on the number of workshop and plenary sessions attended. Each plenary session is 1.5 Contact Hours and each workshop session is 1.25 Contact Hours. There is no charge for CEUs.

To be awarded CEUs for the conference you must include licensure, Gateway, EI or other certification numbers during registration. There will be no exceptions. Some continuing education credits may be limited and require additional information and evaluations from participants. Complete instructions will be available on the conference "Landing Page" and during the conference.

THANK YOU TO OUR CONFERENCE SPONSORS!

Illinois Department of Children & Family Services
Illinois Department of Human Services
Governor's Office of Early Childhood Development
GFWC Illinois Federation of Women's Clubs
The Exchange Club of Naperville
University of Illinois at Springfield,
Masters of Human Services

Church Women United In Illinois
Illinois Department of Public Health,
Office of Women's Health
Children's Home + Aid
The Ounce of Prevention Fund
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Balance after Chaos: FROM SURVIVING TO THRIVING

27th Annual Prevent Child Abuse Illinois Virtual Conference
Conference Registration Form - Event #18052 October 14-15, 2021



Name _____ Title _____

Address _____ City/State/Zip _____

Phone _____ Email _____

Agency/Company _____

CEUs or clock hours required. All conference attendees who want to receive CEUs and/or clock hours must include their license and/or Registry number(s) below. Some CEUs may be limited and require additional information.

Select all that apply:

- Social work (LCPC, LCSW, M&FT) Domestic Violence Gateways Registry
 DCFS clock hours Early Intervention NONE

License and/or Registry Number(s) (required) _____

Check appropriate payment:

- Check - Made payable to NIU
 Voucher*
 Purchase Order*
 Credit Card - Select one below.
 Visa Master Card Discover American Express

Registration Fee: \$99

*Agency/Organization FEIN# _____
(Required if using Voucher or PO.)

Required for credit card registrations:

Credit Card Number _____ Expiration Date _____

Cardholder's Name as it appears on the card _____ Signature _____

Credit Card Billing Address _____ City/State/Zip _____

Please note: Credit card charges will appear as NIU Outreach, Dekalb, IL.

Requests for refunds made in writing prior to Oct. 1, 2021 will be subject to a \$25 processing fee. **No refunds will be given after Oct. 1, 2021.**

A limited number of DCFS prepaid PCA Illinois Conference registrations will be available for staff, foster caregivers and adoptive parents. DCFS staff who have supervisory approval to register for the PCA Illinois Conference should follow the instructions on the D-net.

Conference and registration questions can be directed to Tammy Queen at 217-522-1129 or email tqueen@pcaillinois.org

**Online Registration is available!
Credit Card Only
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Mail this completed form to:
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