

# 28<sup>th</sup> Annual Prevent Child Abuse Illinois Statewide Conference 2022

## Workshop Information and Location

### ROOM KEY:

Mezzanine Capitol / Prairie / Illinois / Plaza 1 and 3 / Conference Center 4 / Rendezvous / Speaker Ready Room (Conference Center 1)  
 Concourse Ambassador / Embassy

\* denotes Home Visiting Track workshop. All conference attendees are welcome to attend these sessions.

Thursday, October 13, 2022 Workshop Series A 10:45 a.m. – 12:00 p.m.

<p><b>A-1</b> <b>Ambassador Ballroom</b></p>	<p><b>“The Impact of COVID on Children/Adolescents/Families and Essential Workers”</b>  <i>Lisa Betz, LCSW, LCPC Deputy Director, Child and Adolescent Services</i>                  This session will focus on the impact of COVID on the mental wellbeing of children, adolescents, and their families. It will examine the survival responses individuals rely on while exploring ways to increase individual protective factors. Special attention will be given to the impact of COVID on essential workers and ways to reduce vicarious trauma.</p>
<p><b>A-2</b> <b>Rendezvous Room</b></p>	<p><b>“Human Trafficking and Technology: Trends, Challenges, and Opportunities”</b>  <i>Sara Sefried Central Illinois Human Trafficking Task Force Coordinator, Illinois State Police</i>                  Research shows that technology plays a role in every aspect of child sex trafficking. The Internet is being used for recruitment and grooming, the advertising and sale of children, and the sharing of child pornography. This session will help you understand the role of technology in child sex trafficking, as well as prevention efforts that can help keep children safe.</p>
<p><b>A-3</b> <b>Plaza 3</b></p>	<p><b>“Community Collaboration for the Prevention of Sexually Problematic Behaviors by Youth”</b>  <i>Melissa Box, LCSW, LSOE, LSOTP Clinical Director, ABC Counseling &amp; Family Services</i>                  Research increasingly points to cross-sector community collaboration as having the greatest potential for effective public health prevention efforts in reducing violence, specifically violence toward children. This presentation will address emerging research in the prevention of child sexual abuse and youth sexual behavior problems, and describe key recommendations for a comprehensive prevention program grounded in multiple levels of the ecological model nested in communities.</p>
<p><b>A-4*</b> <b>Embassy</b></p>	<p><b>“Infant and Toddler Sleep, Breastfeeding, and Sleep Training Methods”</b>  <i>Glendean Burton, MPH, BSN, RN, CLC MCH Nurse Consultant, Illinois MIECHV</i>                  Information will be provided on current American Academy of Pediatrics and the Academy of Breastfeeding Medicine recommendations for a safe sleep environment. Information regarding safe sleep and breastfeeding will be presented, as well as the latest reports on the impact of COVID-19 on sleep in adults and children. A brief overview of four commercial sleep training methods will also be discussed.</p>
<p><b>A-5</b> <b>Conference Center 4</b></p>	<p><b>“Interrupting Intergenerational Cycles of Trauma”</b>  <i>Alisha Foster, LCSW Arrowleaf</i>                  An individual’s personal trauma and adverse childhood experiences (ACEs) not only impacts themselves but also impacts future generations. This workshop will focus on developing a deeper understanding of ACEs and trauma and its impact on parental emotional regulation and possible disruption of the parent-child relationship. This workshop will also identify safeguards and interventions for building individual resiliency.</p>

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**Thursday, October 13, 2022 Workshop Series B 1:45 p.m. – 3:00 p.m.**

<p><b>B-1 Embassy</b></p>	<p><b>“Good Grief?”</b> <i>Julia Marynus, R.N., B.A., LNC Maternal Child Health Consultant, Stephenson County Health Department</i></p> <p>This workshop begins with a review of The Stages of Grief then moves into an interactive discussion on what constitutes a loss with a focus on loss of autonomy and other identifiers during the COVID pandemic. We will reflect on coping skills used by families and support workers and explore how that might affect families and workers long term.</p>
<p><b>B-2 Plaza 3</b></p>	<p><b>“Roots of Compassion”</b> <i>Brittney Hale Grant Outreach Coordinator, Arrowleaf &amp; Co-Founder, Creating Compassionate Communities</i> <i>Mary Beth Long Kindness Champion &amp; Co-founder, Creating Compassionate Communities</i></p> <p>Participants will explore the difference between sympathy, empathy, and compassion; identify the intersection of empathy, self-compassion, and self-care; learn the importance of implementing and sustaining self-compassion; and see how self-compassion impacts one personally and professionally.</p>
<p><b>B-3 Rendezvous</b></p>	<p><b>“Systemic Resilience Among LGBTQIA+ Youth, Families, and Communities”</b> <i>Gary Pate, LCSW Senior Trainer, YouthCare</i></p> <p>This workshop will explore resilience from the unique perspective of LGBTQIA+ youth, their relationships with caregivers, and the communities in which they live. Specific attention will be given to the relationship between resilience and resistance. Unlike their heterosexual and cisgender peers, youth in this community have to navigate discrimination, marginalization and oppression. Family rejection and acceptance of LGBTQIA+ youth will be addressed, as well as identifying community resources.</p>
<p><b>B-4* Ambassador Ballroom</b></p>	<p><b>“Trauma-Informed Parent Engagement: Promoting Resilience Through Caregiving”</b> <i>Worsham El Trauma Therapist &amp; Consultant, CEO, Lotus Trauma Care, LLC</i></p> <p>Professionals working with teens and children need to be able to recognize and respond to the challenges experienced by parents and families for the successful promotion of resiliency, motivation, and change. This interactive presentation will enhance professionals’ trauma-informed care and parent engagement skills.</p>
<p><b>B-5 Conference Center 4</b></p>	<p><b>“Interrupting Intergenerational Cycles of Trauma” (Repeat Session)</b> <i>Alisha Foster, LCSW Arrowleaf</i></p> <p>An individual’s personal trauma and adverse childhood experiences (ACEs) not only impacts themselves but also impacts future generations. This workshop will focus on developing a deeper understanding of ACEs and trauma and its impact on parental emotional regulation and possible disruption of the parent-child relationship. This workshop will also identify safeguards and interventions for building individual resiliency.</p>

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**Thursday, October 13, 2022 Workshop Series C 3:15 p.m. – 4:30 p.m.**

<b>C-1 Ambassador</b>	<p><b>“Shaming the Blaming Game”</b>  <b>Alexandra “Ale” Levi</b> <i>Forensic Interview Specialist, Homeland Security Investigations</i></p> <p>It’s time to stop shaming and blaming victims for what happened to them and start placing the blame where it belongs. This presentation will help investigators, prosecutors and forensic interviewers understand how slight changes in how we phrase things can make a huge difference in the victim’s statement and cooperation in the investigatory and prosecutorial process. Through lecture, video and examples, this presenter will provide trauma-informed approaches to working with victims.</p>
<b>C-2 Conference Center 4</b>	<p><b>“Parenting Again: The Journey Known as Grandparenting”</b>  <b>Nancy J. Phillips</b> <i>Coordinator, Illinois Family Resource Center</i></p> <p>Substance-use issues create the need for a non-parent family member to assume responsibility for caring for children, with grandparents typically filling the role. Whether short term or long term, this dynamic can cause stress for grandparents as they navigate grief, concern for loved ones, and more. Participants will explore emotional and financial support services that are available, discover ways for taking care of health and wellness, and learn how to create a fun and rewarding “grandfamily” environment.</p>
<b>C-3 Plaza 3</b>	<p><b>“Using Evidence-Based Practices to Improve Children's Social-Emotional and Behavioral Well-Being”</b>  <b>Mary Ratliff</b> <i>Program Director, Illinois Criminal Justice Information Authority</i>  <b>Fernanda Gonzalez</b> <i>Research Analyst, Illinois Criminal Justice Information Authority</i>  <b>Stephanie Nguyen</b> <i>Research Analyst, Illinois Criminal Justice Information Authority</i></p> <p>Presenters will describe how evidence-based practices can be used to improve the social-emotional and behavioral well-being of young children exposed to violence. Different screening and assessment tools used by the Illinois Safe From the Start program, an evidence-based intervention for young child victims and their caregivers, to measure client outcomes will be highlighted. Presenters will also compare different treatment modalities that have been linked to improved child well-being.</p>
<b>C-4 Rendezvous</b>	<p><b>“Collaboration Across Systems to Combat Sex Trafficking”</b>  <b>Victoria Davis Jones, MA, MSW</b> <i>Statewide Human Trafficking Prevention Program Manager, Illinois Department of Children and Family Services</i>  <b>Dr. Kisha Roberts Tabb</b> <i>Special Population Program Manager, Cook County Juvenile Probation</i></p> <p>This workshop will demonstrate how systems (child welfare, juvenile court, law enforcement, Children’s Advocacy Centers, and families) should work together to address youths’ involvement in sex trafficking.</p>
<b>C-5* Embassy</b>	<p><b>“The NEAR@Home Experience”</b>  <b>Elaine Duensing, M.A., L.P.C.</b> <i>Senior Program Advisor, NEAR@Home Facilitator, Start Early</i>  <b>Fernanda Gonzalez</b> <i>Supervisor, Family Focus Aurora Healthy Families Program</i>  <b>Melissa Vargas</b> <i>Family Support Specialist, Family Focus Aurora Healthy Families Program</i>  <b>Carolina Ortega</b> <i>Family Support Specialist and Group Coordinator, Family Focus Aurora Healthy Families Program</i></p> <p>The most powerful people for reducing Adverse Childhood Experiences (ACEs) scores in the next generation are parents. But parents must know about ACEs and their effects to realize this potential. Home visitors are uniquely positioned to talk with parents about ACEs because home visiting is relationship based, occurs within each family’s comfort zone, and starts early in the parenting experience. Join us for a panel discussion on the NEAR@Home Program, a resource for home visitors to respectfully and effectively address ACEs with families.</p>

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**Friday, October 14, 2022 Workshop Series D 10:15 a.m. – 11:15 a.m.**

<p><b>D-1 Rendezvous</b></p>	<p><b>“Multidisciplinary Approach to Evaluation of Child Abuse”</b>  <b>Det. Jennifer Hillgoth, BACJ</b> <i>Det. Jennifer Hillgoth, BACJ</i>  <b>Dr. Melissa Manrique, MD</b> <i>Deputy Director, Child and Adolescent Services</i></p> <p>This presentation will provide a case-based approach, demonstrating a collaboration of disciplines as they identify injuries, discuss the medical findings and evaluation, and review critical components of police investigations concerning child abuse.</p>
<p><b>D-2* Plaza 3</b></p>	<p><b>“WOMBSS - Wrapping (Integrating) low-risk Obstetric services for Moms and Babies in St. Clair and Surrounding counties”</b>  <b>Deja Finley, Pharm.D.</b> <i>Southern Illinois University Edwardsville School of Pharmacy</i></p> <p>Wrapping (Integrating) low-risk Obstetric services for Moms and Babies in St. Clair and Surrounding counties, is a Quality Improvement initiative created to reform the standard prenatal course, by incorporating and implementing a level of additional support, already backed by current state legislation, (Title IX. Maternal and Infant Mortality; Article 175; House Bill 158). This workshop will help others identify and implement best practices for moms and babies.</p>
<p><b>D-3 Conference Center 4</b></p>	<p><b>“Roots of Compassion” (Repeat Session)</b>  <b>Brittney Hale</b> <i>Grant Outreach Coordinator, Arrowleaf &amp; Co-Founder, Creating Compassionate Communities</i>  <b>Mary Beth Long</b> <i>Kindness Champion &amp; Co-founder, Creating Compassionate Communities</i></p> <p>Participants will explore the difference between sympathy, empathy, and compassion; identify the intersection of empathy, self-compassion, and self-care; learn the importance of implementing and sustaining self-compassion; and see how self-compassion impacts one personally and professionally.</p>
<p><b>D-4* Ambassador Ballroom</b></p>	<p><b>“Drug Use in Pregnancy: The Newborn Infant”</b>  <b>Ira J Chasnoff, MD.</b> <i>President, NTI Upstream</i></p> <p>Over one million children in this country per year are delivered to women who have used alcohol, tobacco, marijuana, or illicit drugs during pregnancy. This program will explore factors that impact the newborn from both a medical and a neurobehavioral perspective. Special attention will be paid to the effects of marijuana use during pregnancy on neonatal outcome.</p>
<p><b>D-5* Embassy</b></p>	<p><b>“A Doula's Role in Black Maternal and Infant Health Crisis”</b>  <b>Charity S. Bean</b> <i>Full Spectrum Doula, Black Maternal and Infant Health Advocate, Student RN</i>  <b>Kyra Betts</b> <i>Full Spectrum Doula, Black Maternal and Infant Health Advocate, Lactation Counselor, Childbirth Educator</i></p> <p>This workshop will explain who doulas are; how they contribute to creating better birth outcomes by educating, supporting, advocating, and empowering birthing families; and why doulas are not the solution to the current maternal health crisis, but a huge factor that can help change outcomes. To truly defeat the current crisis, we must start within the maternal health system and break down systemic racism that has led us here.</p>