

Healthy Sexuality



In order to help prevent

child sexul abuse it is important for parents, caretakers and their children to know about healthy sexual development. It is also important to have open, honest conversations with your children so they come to you with their questions about sex. Yes, it could be an uncomfortable conversation because we are not use to talking about such things with our children. But, staying silent can put them at greater risk for abuse.

Here are some resources you may find helpful:

Girlology & Guyology

https://www.girlology.com/

Birds + Bees+ Kids

http://birdsandbeesandkids.com/

Dr. Janet Rosenzweig

http://www.janetrosenzweig.com/

Toni Cavanaugh Johnson Ph.D.

http://www.tcavjohn.com/

The Mama Bear Effect

http://themamabeareffect.org/index.html

Child Sexual Development Chart

http://www.earlyopenoften.org/get-the-facts/ sexual-development-chart

Start The Conversation: Not Our Kids

http://www.earlyopenoften.org/get-the-facts/notour-kids

National Sexual Violence Resource Center

http://www.nsvrc.org/sites/default/files/ saam_2013_an-overview-of-healthy-childhoodsexual-development.pdf

Darkness To Light

http://www.d2l.org/site/c.4dlClJOkG-clSE/b.6069317/apps/s/content.asp?ct=8727901

Advocates for Youth: Parents Sex Ed Center

http://www.advocatesforyouth.org/parents-sex-edcenter-home

Sex and Sensibility Blog

http://sexandsensibility.net/blog/