# **CHILD ABUSE** PREVENTION MONTH APRIL 2024

## **Kickoff Event Virtual Folder**



### FACTS ABOUT CHILD ABUSE





#### What is Child Abuse and Neglect?

Physical Abuse – an injury to a child that is not an accident, may include: hitting, punching, beating, burning, biting, kicking, cutting, shaking, or any action that physically harms a child.
 Emotional Abuse – maltreatment of a child that may involve criticizing, insulting, yelling, swearing, manipulating, rejecting or withholding love.
 Sexual Abuse – any sexual activity with a child, including exhibitionism, photographs or videos, pornography, prostitution, fondling, or rape.

Neglect – failure to provide for a child's basic physical, emotional, medical or educational needs.

#### Who Abuses Children?

Most often the abuser is someone the child knows, such as a parent, relative, neighbor, friend of the family, or trusted adult like a teacher, mentor or coach.

#### Where Does Child Abuse Happen?

Child abuse can happen wherever children are; where they live, sleep, learn, or play.

#### How Often Does Child Abuse Occur?

Each year, close to 3 million reports of suspected abuse are filed in the United States. Many more cases never get reported. One victim of child abuse is one too many!

#### Where Are Illinois Statistics Available?

The Illinois Department of Children and Family Services <u>http://www2.illinois.gov/dcfs/aboutus/newsandreports/Pages/default.aspx</u>



www.preventchildabuseillinois.org

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## WARNING SIGNS OF ABUSE



Children who are abused may show physical and behavioral signs. You may be a child's only lifeline to safety. Please pay attention to the treatment of children around you. Child abuse is everyone's business. If you suspect a child is being abused or neglected in Illinois, call **1-800-25-ABUSE (1-**800-252-2873).

#### Children who have been abused or neglected may be:

- Nervous around adults or afraid of certain adults
- Reluctant to go home
- Very passive and withdrawn—or aggressive and disruptive
- Often tired, complaining of nightmares, or not sleeping well
- Fearful and anxious
- Showing sudden changes in behavior or school performance

#### Possible signs of physical abuse:

- Unexplained burns, bruises, black eyes or other injuries
- Apparent fear of a parent or caretaker
- Faded bruises or healing injuries
- Injuries that do not match the explanation



#### Possible signs of sexual abuse:

- Difficulty walking or sitting, or other
- indications of injury to the genital area
- Sexual knowledge or behavior beyond what is normal for the child's age
- Running away from home

#### **Possible signs of neglect:**

#### **Possible signs of emotional abuse:**

- Frequently missing school• Acting overly mature or immature for the child's age Begging for or stealing food or money• Extreme changes in behavior
- Lacking needed medical or dental care. Delays in physical or emotional development
- Being frequently dirty
  Attempted suicide
- Using alcohol or other drugs• Lack of emotional attachment to the parent
- Saying there is no one at home to take care

of them

Many of these signs may also be present in children exposed to violence in their homes and communities,

like domestic violence and gang violence. These signs don't prove that a child is being abused. But they could be a signal that the child and his or her family may need help.

#### Also know the signs of an abusive adult. Consider the possibility of abuse if a parent or caretaker:

- Seems unconcerned about the child's welfare Uses harsh physical discipline or asks other
- Denies problems at school or at homecaretakers to use it
- Blames the child for causing problems• Depends on the child for emotional support
- Sees the child as worthless or as a burden• Seems indifferent to the child
- Avoids discussing the child's injuries or gives
  Seems secretive or tries to isolate the child from conflicting explanations for themother children and adults
- Abuses alcohol and/or other drugs. Frequently blames, belittles, or insults the child
- Seems isolated from other parents, relatives, or

social supports

These signs don't prove that an adult is abusive. But they could be a signal that the adult may need help.



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## WHAT TO DO IF YOU SEE CHILD ABUSE **IN A PUBLIC PLACE**

#### Start a conversation with the adult to direct attention away from the child.

#### FOR EXAMPLE:

"She seems to be trying your patience."

"My child sometimes gets upset like that, too."

"Children can really wear you out sometimes. Is there anything I can do to help?"

#### Divert the child's attention (if misbehaving) by talking to the child.

#### FOR EXAMPLE:

"That's a great baseball cap. Are you a Cardinals fan?"

"I like your t-shirt. Did you get that on vacation?"

#### Look for an opportunity to praise the parent or child.

#### FOR EXAMPLE:

"He has the most beautiful eyes."

"That's a very pretty shirt on your little girl Where did you get it?"

#### If the child is in danger, offer assistance.

#### FOR EXAMPLE:

If the child is left unattended in a grocery cart, stand near the child until the parent returns.

If the child is in immediate danger, call the police!

#### Avoid negative remarks or looks.

Negative reactions are likely to increase the parent's stress or anger, and could make matters worse for the child.

### **CALL THE DCFS HOTLINE:** 1-800-25ABUSE (1-800-252-2873)



Adapted from Prevent Child Abuse America



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### WHAT IT TAKES TO BE **A NURTURING PARENT**

#### Begin today by being a positive parent or caretaker and help other family members, friends, and neighbors be positive parents too

Make children a priority.

Show and tell your children that you love them every day. Let your children know you are happy to be with them. Give children a sense of security, belonging, and support. Catch your children being good and give them lots of praise.

#### **Really listen to your children**

Give children your undivided attention when they are talking. Be patient and remember that children move at a different pace when they tell a story about their day.



#### Spend time with your children

Make some special time for each of your children. Play with them, talk with them, and read with them. Keep your promises.

Let your children help with household projects.

Tell your children about your own childhood.

Go to the zoo, museums, and ball games as a family.

Play outside, play a board game, do an art project or other creative activity.

#### Set a good example

Use good manners, like saying "please" and "thank you." Set clear, consistent limits.

Consider how your decisions will affect your children.

Open a savings account for college education.

Resolve conflict with care and respect.

Allow yourself a time-out when needed. Taking care of yourself is as important as taking care of your family.

#### **Reach out to other family members, friends and neighbors**

Talk to family, friends, and neighbors about parenting. Childhelp® Join a parent support group.National Child Abuse Hotline Get involved in something where you can socialize with other parents. 1-800-4-A-CHILD Seek help if you need it. If you feel out of control or like a bad parent, get

(1-800-422-4453) help.

There are many great websites for parents. Below are just a few suggestions. www.babycenter.com | www.zerotothree.org | www.parents.com



<u>www.pre</u>ventchildabuseillinois.org







**Need To Talk To Someone? Call:** 

## **HOW YOU CAN PREVENT CHILD ABUSE!**





#### **THE 6 PROTECTIVE FACTORS**

The Center for the Study of Social Policy spent 2 years investigating protective factors and how to keep kids safe. They reviewed research in the field of child abuse and neglect, prevention, and family resiliency. They also interviewed hundreds of experts, practitioners, and parents. Below are the 6 Protective Factors and how you can help build healthy children and strong families. For more information visit: http://friendsnrc.org/protective-factors.

#### **Parental Resilience**

- Help parents and caregivers see their strengths and find solutions to their problems by building on those strengths.
- Focus on flexibility and help parents learn how to bounce back from difficult situations.

#### **Social Connections**

- Give families a safe place to gather and make friends.
- Host or sponsor child and family events, such as health fairs, reading nights, and block parties. Encourage your place of worship, school, daycare, and work to do the same.

#### **Knowledge of Parenting & Child Development**

• Share information with parents and all caregivers on child development and appropriate discipline. •

Start a lending library of books and toys that will help parents understand ages and stages their child is going through.

#### **Concrete Supports in Times of Need**

- Link families to needed community services in a positive and respectful manner.
- Offer support to a parent who is under stress through babysitting, making a meal, or maybe just listening.

#### Social and Emotional Competence of Children

- Teach children to recognize and express their feelings.
- Help children learn how to share, cooperate and take turns.

#### **Parent-Child Relationship**

- Provide opportunities for parents and children to spend fun time together.
- Support home visiting programs in your area such as Healthy Families, Early Head Start, and Parents as Teachers which provide families with early bonding experiences.

Prevent Child Abuse Illinois has developed several tools to help parents and caregivers cope with the everyday challenges and joys of raising strong, healthy children. These resources and many others can be found on our website at: www.preventchildabuseillinois.org/20-ways



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## WHAT YOU CAN DO IN YOUR COMMUNITY

Below are some suggested activities to bring Child Abuse Prevention Month to your community or organization during the month of April. With these activities, you can encourage parents, families, legislators, the media, and groups of concerned citizens to participate in child abuse awareness and prevention. Contact Prevent Child Abuse Illinois or visit our website to promote your event and have it listed on our STATEWIDE CALENDAR.

#### **Ideas For Child Abuse Prevention Month Activities**

 Attend a Statewide Media Event – contact PCA Illinois at 217-522-1129 or online to learn about several annual Child Abuse Prevention Month Media events held across Illinois.

• Have local officials issue a formal proclamation and hold a media conference to announce April as Child Abuse Prevention Month in your community.

 Host a breakfast, luncheon, or reception honoring Child Abuse Prevention Month and the work being done in your community.

• Organize a Pinwheel planting or Blue Ribbon campaign in your area. (Learn how on the following 3 pages of this packet.)

• Participate in Wear Blue Day. (Learn how on PAGE 15 of this packet)

• Use store windows, business lobbies and bulletin boards to display posters. brochures and other material highlighting positive parenting and child abuse prevention. (See examples of brochures and posters at https://www.preventchildabuseillinois.org/literature.)





• Get schools and parent-teacher organizations involved by sponsoring an essav contest. poster contest, art display, material distribution, pinwheel display, Wear Blue Day, or Blue Ribbon campaign.

 Mobilize faith communities to be involved in Child Abuse Prevention Month activities by submitting articles for bulletins and newsletters, collecting donations for local charities, displaying pinwheels or blue ribbons, and hosting trainings or parenting classes. Partner with local businesses to host community workshops, health fairs, or fun events for families.

 Collaborate with your local women's clubs or other clubs to host a baby shower or collect baby supplies for a local shelter or crisis nursery. (Find your local General Federation of Women's Club here: <a href="http://gfwcillinois.org/page10.html">http://gfwcillinois.org/page10.html</a>)

 Provide in-service education or a lunchtime workshop on child abuse prevention for vour office.

• Organize a fundraiser such as a golf outing, garage sale, 5-K run, trivia night, flower sale, movie night, etc. for Prevent Child Abuse Illinois or other family support agencies.

- Join or start a Child Abuse Prevention Coalition in your community. (See PAGE 18 in this packet.)

 Purchase Child Abuse Prevention items available through PCA Illinois. Items can be used for fundraising efforts, appreciation or recognition awards for parents, staff, board members, and volunteers. (To purchase pinwheels and other merchandise see the fliers at the end of this packet.)

April is also National Library Month, Alcohol Abuse Awareness month, Sexual Assault Awareness month, and features the Week of the Young Child and Shaken Baby Syndrome Awareness week - contact these groups and others for a collaborative event.



#### Remember to share lots of pictures of your activities with us on Facebook, Twitter and Instagram! Use #GreatChildhoods #GoBlueIllinois



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## **CHILD ABUSE PREVENTION COALITIONS**

**Child Abuse Prevention (CAP) Coalitions** are local groups of community members made up of parents, social service providers, law enforcement, health care professionals, business representatives and others working together to address and prevent child abuse and neglect within their community.





## CAP Coalitions have the common focus of preventing child abuse in all its forms by:

- Identifying child abuse and neglect needs in their communities.
- Developing a comprehensive response to those needs.
- Enhancing and providing public awareness and education.
- Linking families and community members to resources.
- Networking with others to ensure a community wide response.
- Developing and promoting **Child Abuse Prevention Month** activities and events.

#### **Benefits of Participating in a CAP Coalition**

- Collective impact, being part of something bigger.
- · Enhanced community relationships.
- Easier access to services and resources.
- Access to key members of the community.
- Increased opportunity to effect local policy.



Local CAP Coalitions can and do make a difference in the lives of children, families, and communities. Help great childhoods happen!

## Want to join or start a CAP Coalition in your community? Find your contact below and get started today!



**Cook County** 

Belinda Farr <u>bfarr@pcaillinois.org</u>

#### Northern Illinois

Jennifer Samartano jsamartano@pcaillinois.org

#### **Southern Illinois**

Rachel Chruszczyk rchruszczyk@pcaillinois.org

#### **Central Illinois**

Jill Duden jduden@pcaillinois.org



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## PREVENTION TRAININGS



The Effects of Domestic

Violence on Children

CHILD ABUSE PREVENTION

Child Sexual Abuse

Stewards of Children

Childhood Neglect

Child Abuse Prevention 101

Prevention

**OTHER LEARNING** 

**OPPORTUNITIES** 

Parent Cafés

Paper Tigers

DOMESTIC VIOLENCE

Prevention starts with education. All trainings are offered virtually or in-person and can be adapted to small or large groups. Reach out to us today to schedule your training. Together we can create and sustain #greatchildhoods for all children!

#### **INFANT CARE AND SAFETY**

- Shaken Baby Syndrome
- Happiest Baby on the Block
- Safe Sleep for Babies

#### **CHILDHOOD TRAUMA**

- Trauma 101: Understanding the Impact of Childhood Trauma
- Understanding ACES: Why the Body Doesn't Forget
- Addressing Secondary Trauma: Prioritizing Our Well Being
- Effective Engagement
- Building a Road to Resilience
- Poverty: Cycles of Risk

#### SUBSTANCE USE

- Identifying Drug Endangered Children: A Collaborative Approach
- Moving from Awareness to Action

Contact us to learn more or schedule a training:

**Kristin Kaufman, Director of Programs Belinda Farr, Cook County** Jennifer Samartano, Northern Region **Jill Duden, Central Region** Rachel Chruszczyk, Southern Region **Kelsey Greene, ACEs Project Director Brittney Hale, Home Visiting Specialist** 

kkaufman@pcaillinois.org bfarr@pcaillinois.org jsamartano@pcaillinois.org jduden@pcaillinois.org rchruszczyk@pcaillinois.org kgreene@pcaillinois.org bhale@pcaillinois.org

#### www.preventchildabuseillinois.org



www.preventchildabuseillinois.org

 Resilience Documentary Screening

**Documentary Screening** 

CLICK HERE TO LEARN MORE ABOUT TRAININGS

#### FOR MANDATED REPORTERS ONLY

#### Who are mandated reporters?

Members of the general public are encouraged to report suspected child abuse and neglect. However, state law mandates that workers in certain professions *must* make reports if they have reasonable cause to suspect abuse or neglect. Mandated reporters include:

- Medical Personnel: Physicians, psychiatrists, surgeons, residents, interns, dentists, dentist hygienists, medical examiners, pathologists, osteopaths, coroners, Christian Science practitioners, chiropractors, podiatrists, registered and licensed practical nurses, emergency medical technicians, substance abuse treatment personnel, hospital administrators and other personnel involved in the examination, care or treatment of patients.
- School and Child Care Personnel: Teachers, administrators, certified and non-certified school employees, school board members, educational advocates assigned to a child pursuant to the School Code, truant officers, directors and staff assistants of day care centers and nursery schools, and child care workers.
- Law Enforcement: Truant officers, probation officers, law enforcement officers, and field personnel of the Department of Corrections.
- State Agencies: Field personnel from the Department of Children and Family Services, Department of Public Health, Department of Corrections, Department of Human Rights, Department of Healthcare and Family Services, and Department of Human Services. Supervisors and administrators of general assistance under the Illinois Public Aid Code are also included.
- Others: Social workers, counselors, social service administrators, substance abuse treatment personnel, domestic violence program personnel, crisis line or hotline personnel, foster parents, homemakers, recreational program or facility personnel, registered psychologists and assistants working under the direct supervision of a psychologist, funeral home directors and employees, and members of the clergy.

Mandated reporters who make good faith reports have the same immunity from liability under the law as non-mandated reporters. However, a mandated reporter's willful failure to report suspected instances of child abuse or neglect to DCFS constitutes a Class A misdemeanor. A second or subsequent violation is a Class 4 felony.

## Does reporting my suspicions to a superior satisfy my mandated reporter requirement?

No. While you may also inform your superiors (such as the school principal or an administrator) of your suspicions, this does not satisfy your mandated reporter requirement that you call the hotline.

#### Am I still a mandated reporter if someone who is now over 18 years old tells me he or she was abused as a child?

If the person reporting the abuse has reason to believe that the alleged perpetrator has had, or currently has, access to children under 18, you should call the hotline. In cases where the alleged perpetrator does not have access to children, contact your local law enforcement agency.

## How should mandated reporters make reports?

Call the child abuse hotline as soon as possible. You must also send written confirmation to the appropriate DCFS field office within 48 hours. The department will provide a form to use when sending this confirmation. If you suspect a child's death may have been caused by abuse or neglect, you must also call your county's coroner or medical examiner.

#### NOTICE

Any person who knowingly transmits a false report to the department commits the offense of disorderly conduct under subsection (a)(7) of Section 26-1 of the Criminal Code of 2012. A violation of this subsection is a Class 4 felony." (Source: P.A. 97-189, eff. 7-22-11; 97-1150, eff. 1-25-13.)

#### How can I learn more?

To help mandated reporters understand their critical role in protecting children, DCFS administers a free online training course entitled Recognizing and Reporting Child Abuse: Training for Mandated Reporters. To access the training visit www.dcfstraining.org. The *Mandated Reporter Manual*, available at www2.illinois.gov/DCFS, offers more information about the guidelines for mandated reporters in Illinois.



www2.illinois.gov/DCFS

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## Care Enough to Call

To Report Child Abuse and Neglect 1-800-25-ABUSE

TOLL-FREE • 24 HOURS





#### **CARE ENOUGH TO CALL**

Protecting children is a responsibility we all share. It is important for every person to take child abuse and neglect seriously, to be able to recognize when it happens, and to know what to do next. Care enough to call the state's child abuse hotline:

#### 1-800-25-ABUSE (1-800-252-2873)

#### What are child abuse and neglect?

This year hotline workers will handle approximately 70,000 reports of child abuse and neglect. Child abuse is the mistreatment of a child under the age of 18 by a parent, caretaker, someone living in their home or someone who works with or around children. The mistreatment must cause injury or harm, or put the child at risk of injury or harm. Child abuse can be physical (such as bruises, burns or broken bones), sexual (such as fondling, penetration, exposure to pornography, or incest) or emotional.

Neglect happens when a parent or responsible caretaker fails to provide adequate super-vision, food, clothing, shelter, medical care or other basics for a child.

#### When should I call the hotline?

You should call the child abuse hotline whenever you believe that a person who is caring for the child, who lives with the child, or who works with or around children may have caused injury or harm or put the child at risk of injury or harm as defined in the Illinois Abused and Neglected Child Reporting Act.

Some examples of situations in which you should call the hotline include:

• If you see someone beating a child or hitting a child with an object.

- If you see marks on a child's body that do not appear to have been caused by accident.
- If a child tells you that he or she has been harmed by someone.
- If a child appears to be undernourished, is dressed inappropriately for the weather, or is young and has been left alone.

Use your own judgment and call the hotline whenever you think a child may have been abused or neglected.

#### When should I NOT call the hotline?

Some situations do not require calling the hotline. Use good judgment. Call only when you think a child may have been or will be injured or harmed as described above. Some examples of when you should **not** call the hotline include:

- Situations where a child is causing a problem that concerns you, but the problem is not related to abuse or neglect. In some cases you may wish to call law enforcement or talk to the child's parents or relatives.
- Domestic situations where family stress is evident, but the child has not been abused or put at risk of abuse. Community service agencies are often available to help.
- If you're seeking information about DCFS or its programs, the Office of Communications is available to answer questions. Call 312-814-6847, or you may call your local DCFS office.

#### What should I report?

Hotline staff are workers with special training in determining what constitutes child abuse and neglect under Illinois law. Details are important. Ideally, you should be able to tell the hotline worker:

- The child's name, address and age.
- The nature of the suspected abuse or neglect, including when and where it occurred.
- The names of suspected perpetrators, if known, and their relationship to the child (parent, teacher, etc.).
- Any other information you think may help.

#### What happens when I call the hotline?

When you call, a hotline worker will listen to what you wish to report. The worker will then ask questions to help gather enough information to determine whether to take a formal report. If there is not enough information to make a report, the worker will tell you so and answer any questions you may have.

If a formal report is taken, an Investigation Specialist will begin the investigation within 24 hours-much sooner if the child is considered in immediate risk of harm.

#### How am I protected?

People who report alleged child abuse or neglect in good faith cannot be held liable for damages under criminal or civil law. In addition, their names are not given to the person they name as the abuser or to anyone else unless ordered by a hearing officer or judge. Members of the general public may make reports to the hotline without giving their names.

#### Should I call the police?

Always call the child abuse hotline to report suspected child abuse or neglect. However, you should also consider calling the police–especially in emergencies, when the child has been injured, or when the child is in immediate danger of being harmed.

## THE ABCs OF SAFE SLEEP

## Alone, on their Backs, in a Safe Crib

## Your baby should sleep alone.

If you breastfeed in bed, soothe your baby back to sleep while standing and return to crib when she is asleep.



Always place your baby on his back to sleep.

#### Your baby should sleep in a crib with a firm mattress covered by a tightly fitted sheet.

Babies die every week in Illinois while sleeping on adult beds, couches, pillows, blankets and other soft surfaces as well as in car seats, bouncy seats and infant swings.

> 312.814.6800 www2.illinois.gov/DCFS



## Silent killer: Sleep suffocation is the leading cause of reported child deaths in Illinois.

#### Your baby should not sleep in a bed, couch or chair with anyone, even other children.

If you breastfeed in bed, soothe your baby back to sleep while standing and return her to crib when she is asleep.

#### Always place your baby on his back to sleep.

#### Your baby should sleep in a crib with a firm mattress covered by a tightly fitted sheet.

Babies die every week in Illinois while sleeping on adult beds, couches, pillows, blankets and other soft surfaces as well as in car seats, bouncy seats and infant swings.

#### Additional sleep safety tips:

- 1. Keep stuffed animals, toys, pillows, blankets, quilts, crib bumpers and sleep positioners out of your baby's crib.
- 2. Don't smoke before or after your baby is born, and don't let others smoke around your baby.
- 3. Try using a pacifier when placing your baby to sleep, but don't force it. If you are breastfeeding your baby, wait until he is one month old or is used to breastfeeding before using a pacifier.
- 4. Don't let your baby overheat during sleep. Dress her lightly for sleeping, and keep the room at a temperature that is comfortable for an adult.
- 5. Your baby needs plenty of supervised "tummy time" when he is awake to help build strong neck and shoulder muscles. Don't let your baby spend too much time in car seats, carriers and bouncers.
- 6. If you are having difficulty getting your baby to sleep, contact your pediatrician or the Fussy Baby Network at 1-888-431-BABY (2229).
- 7. Visit the Consumer Product Safety Commission's Crib Safety Information Center at www.cpsc.gov for sleep safety tips and a list of recalled products.



312.814.6800 www2.illinois.gov/DCFS

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## **Report Abuse or Neglect at** childabuse.illinois.gov

## For emergencies call **DCFS Child Abuse and Neglect Hotline at** 1-800-252-2873

### www2.illinois.gov/DCFS

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#### NOTICE

Cfsonlinereporting.dcfs.illinois.gov

The Online Reporting System is to be used for

MUST call the Unite Abuse and Neglect Hotline at 800-25-ABUSE (800-252-2873) to

9 Immediate Danger

If you believe a child is in

immediate danger that could result in death or serious harm, call 911

Call the DCFS Child Abuse and Neglect Hotline instead of using the Online Reporting System

for situations including but not limited to:

Current injuries to the child

nediate need for medical treatment

Uncluding a child who is surcidary Sexual abuse where the involved adult has or auuse where the involveu auur has or Access to a child within the next 24

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non-life threatening and non-emergency incidents of abuse or neglect of a child. If you believe the abuse or neglect you are reporting requires immediate action, you MUST call the Child Abuse and Neglect

Children & Frenchy Services Online Child Abuse Neglect

make your report.

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Any person who knowingly transmits a false report to the department commits the offense of disorderly conduct under subsection (a)(7) of Section 26-1 of the Criminal Code of 2012. A violation of this subsection is a Class 4 felony. (Source: P.A. 97-189, eff. 7-22-11; 97-1150, eff. 1-25-13.)

Mobile Friendly



SAFETY 🕟 SAFETY **ALWAYS** FIRST

# Don't panic

Pregnant? Scared? You think you're alone. You're not.

You can legally hand your unharmed baby up to 30 days old to staff at a hospital, police or fire station. Walk away, no questions asked.







Anonymous Hotline 1-888-510-BABY saveabandonedbabies.org



SAFETY SAFETY FIRST ALWAYS

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## Mini O'Beirne Crisis Nursery invites you to:

## Family Support Groups

Connect with other parents in the community as we share the joys and challenges of parenting in a safe and welcoming space.

### Every second Wednesday of the month at 6 pm

February 14, March 13, April 10 etc.

If you need childcare, please call the nursery at 7 am day of. We'll do our best to schedule your kiddos for that time!

## and

## Family Activity Nights

Enjoy time with your children as we all make a craft, play a game, or participate in educational activities together.

### **Every fourth Wednesday of the month at 6 pm** February 28, March 27,



Across the street from the nursery at Third Presbyterian Church 1030 N 7th St. Springfield, IL 62702



Meal provided!





# Free!



Encouragement and support from other parents!

Snacks

provided!

# NOURISHING FAMILIES CURRICULUM

-Focuses on nurturing self-worth, personal empowerment, empathy, and compassion as a family -DCFS approved

## Tuesdays 3:00pm- 5:00pm Across the street from the nursery at Third Presbyterian Church 1030 N 7th St Springfield, IL 62702

Please contact Rachel for questions, more details, and to sign up!





rachel@miniobeirne.org



## Welcome to trivia night!!

What do we do? Mini O'Beirne Crisis Nursery is a non-profit social service agency that provides support for families when they need it most!

Free 24/7 Emergency Childcare for children ages 0 until their 7th birthday- We are staffed 24 hours a day to accept children for care. Reasons for care include parental stress, home crisis (no water, power, and/or shelter), domestic violence, mental health, substance abuse, appointments (court or medical), and work related (job interview, working but suddenly without childcare).





Family Support Services- We understand that parenting is hard! Our mission is for parents and caregivers to know that they are not alone! We offer family support group, family activity nights, and a weekly parenting class. We also provide connections to resources for families who need them, such as rent assistance, emergency shelter, and food pantries.

**Basic Needs Pantry**- We have a diaper, wipe, and formula pantry that families can utilize once a month. Last year we provided about \$3,200 in diapers/wipes each month, enough to support 190 families, many of whom have more than one child.



#### What can you do?

As a non-profit, we rely on in-kind and monetary donations to help keep the nursery running! We accept seasonal clothes in good condition, toys, cribs, pack-n-plays, strollers, diapers, pull-ups, wipes, and formula every day of the week 8am to dusk. We accept money or checks via mail or feel free to stop by the nursery!



Thank you for supporting our mission!

#### **Transport Team**

St. John's Children's Hospital has dedicated clinical teams on call 24/7 to transport critically ill pediatric, neonatal or perinatal patients. Our transport teams have ground and air capabilities.

The Saints Flight team is a full-service, 24-hour air medical team stationed at St. John's that can fully launch in 20 minutes.





HSHS St. John's 800 E. Carpenter Street Springfield, IL 62769

#### 217-544-6464 | sjchildrens.org







HSHS St. John's

HSHS St. John's Children's Hospital is committed to improving the quality of life for every child. Our skilled medical professionals offer a comprehensive range of specialized medical, surgical and rehabilitative services.

Caring for sick and injured children includes caring about their entire family. Our ability to provide family-centered care is one of the many things that sets us apart.

Our mission is simple — we are dedicated to improving the health and well-being of the children and families we serve.

Our pediatric specialists provide expertise in the areas of hematology-oncology, cardiology, critical care, behavioral pediatrics, gastroenterology, genetics, infectious diseases, neonatology, nephrology, neurology, pulmonology and various pediatric surgical areas.

We routinely admit more than 3,000 infants, children and adolescents, see more than 50,000 pediatric outpatients, serve more than 15,000 children under age 18 in our Emergency Department, and perform more than 3,000 pediatric surgeries on an annual basis.



#### CLINICAL SERVICES

#### **Pediatric Intensive Care Unit (PICU)**

Our Pediatric Intensive Care Unit (PICU) is an eight-bed unit that provides care for critically ill pediatric patients under age 18. Parents are welcome to stay with their child throughout the stay. Nearly 200 children are admitted to the unit every year.

#### Neonatal Intensive Care Unit (NICU)

All expectant parents hope their babies will be healthy. Yet sometimes problems arise that require a newborn to be hospitalized. When this happens, the baby may be admitted to the neonatal intensive care unit (NICU). With equipment designed for infants and a hospital staff who have special training in newborn care, the NICU is for sick and premature newborns who need specialized treatment.

#### **Pediatric Day Hospital and Sedation Services**

The Pediatric Day Hospital provides treatment in an environment that is comfortable, secure, safe and effective. It is the only pediatric, familycentered Day Hospital in the area. The Day Hospital sees pediatric patients for short-term procedures and infusions. Our medical care team works closely with the referring physicians and their staff to ensure continuity of care.

The Pediatric Sedation Team provides sedation services to help ensure the best results for children undergoing painful or stressful procedures. Our team is composed of specially trained pediatric physicians, pediatric nurses and child life specialists.

#### **Pediatric Outpatient Surgery**

St. John's Hospital new Surgery Center, located on the 2nd Floor of St. John's Pavilion, features a separate area for pediatric surgery patients, including private pre-operative rooms. A separate child-friendly waiting room with age appropriate furnishings and amenities also provide an extra level of comfort to help reduce anxiety for children and their families.



#### **Pediatric Rehabilitation**

St. John's Children's Hospital offers a full spectrum of rehabilitation services for children from newborn babies to teenagers. Rehabilitation may include physical therapy, occupational therapy and/or speech therapy.

Individualized treatment programs are based on a thorough assessment of each child's current abilities and physical, neurological or cognitive impairments.

#### **Pediatric Home Health**

St. John's skilled nursing care in the home includes education and maintenance of surgical interventions; home infusion therapy and IV line care. Additional services include rehabilitation, home health aides, social work and spiritual care.

#### **Pediatric Trauma**

The Trauma Program at St. John's Children's Hospital provides the highest level of complex care for injured children, 24 hours a day, 365 days a year. Our specially-trained pediatric experts treat children with the knowledge, experience and skill that can make the difference for an injured infant, child or teen.