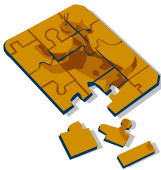


20 Fun Filled Activities for Summer

Prevent Child Abuse Illinois

As school is ending and summer is upon us families can spend more time together relaxing and having fun. As parents it is essential to have a number of ideas ready to connect with our kids and to build memories. It is also important that those ideas be inexpensive and relatively easy to do. Here are 20 suggestions for fun activities:

1. Go to the park and feed the ducks
2. Visit the library and sign up for story time or for the summer reading program
3. Play flashlight tag after dark
4. On a day that is too hot to go outside, build a fort from blankets and sheets and read books and eat snacks inside
5. Have a cookout with your neighbors and let the kids set the menu and help prepare the food
6. Play in the sprinkler with your kids don't just watch
7. Teach your kids how to fly a kite or build a paper sailboat
8. Go to a museum
9. Pick a charity and volunteer for a day
10. Have a picnic in your own backyard
11. Plan a special time with each child individually, letting them pick the activity
12. Plan a back yard carnival and invite all of the neighborhood kids to attend. You can have ring toss, golf putting games, matchbox car races, pin the tail on the donkey, and much more
13. Research your family history learning as much as you can about each family member - create an art project to represent your family tree
14. Catch lightning bugs or create a bug collection
15. Visit a local public swimming pool
16. Set out a big puzzle and do a little bit each day as a family when complete use puzzle glue and frame the puzzle
17. Use sidewalk chalk to draw pictures of your family and favorite places
18. Create a bird feeder out of a milk jug or buy an inexpensive one and see how many different kinds of birds you can identify over the summer
19. Let your kids create a play with props and costumes - make tickets and invite family and friends to watch
20. Create a scrapbook of the fun activities you are doing this summer



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